



Brands she can stand behind.

Dr. Remina partners with a select few brands that have demonstrated both efficacy and integrity.

443K

COMMUNITY
ACROSS SOCIAL

Board

CERTIFIED PHYSICIAN
FUNCTIONAL MEDICINE

Best-selling

AUTHOR
ODD GIRL OUT, DOCTOR WITHIN

TEDx

SPEAKER
HOST, HER OWN PODCAST

THE PHYSICIAN

Two front lines. One standard.

Dr. Remina Panjwani is a board-certified physician and Functional Medicine specialist, a U.S. Air Force veteran deployed to a war zone in Iraq, and a hospitalist at the height of COVID.

She founded her own practice, wrote the best-selling memoir *Odd Girl Out, Doctor Within*, and created Dr. Remina's DEPLOYMENT METHOD™, a three-phase system for people who carry a lot.

THE AUDIENCE & THE SHOW

People who run on pressure.

Her 443K community is high-performing women and leaders navigating burnout, hormones, energy, sleep and longevity, plus anyone following the science of recovery and performance. They come for a physician's answer, not an influencer's opinion.

The Dr. Remina Panjwani Show carries that voice into long-form conversations with physicians, researchers and founders.

THE STANDARD

Efficacy and integrity. Both, or no.

01

Evidence

Third-party testing, research or regulatory clearance behind the claims.

02

Integrity

A founder and company record that holds up to scrutiny.

03

Transparency

Honest marketing, disclosed doses. Science before celebrity.

04

Fit

Something she uses and would put in front of her own patients.

WHERE SHE PARTNERS

Four categories. Chosen, not chased.

01

Skincare

Science-led skin and longevity beauty, built on real research.

02

Supplements

Clinical-grade formulas with independent testing behind them.

03

Ethical personal care & home

Sustainably made, clean-ingredient products for the body and the home.

04

Biohacking & longevity

Red light therapy, recovery, sleep and lab testing technologies with credible evidence.

Think you're a fit?
Start a conversation.

ALL PARTNERSHIPS ARE DISCLOSED.

PARTNERSHIP INQUIRIES

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